



Daily Commute Tracking Form

For each day of the Commuter Challenge, please input the total distance you commuted (in kilometres) for each of the relevant modes.

Date	Drove Alone (km)	Worked from home (Telecommute) (km)	Walk (km)	Bike (km)	Roll In-line skates/ Skateboard/ Wheelchair (km)	Carpool (km)	Transit bus (km)
May 30							
May 31							
June 1							
June 2							
June 3							
June 4							
June 5							
Total KM							

Name: _____ Telephone #: _____

Organization: _____ Workplace Population: _____

of Commuter Challenge Participants in the Workplace: _____

Thank you for Joining the Challenge!