

A special offer to Commuter Challenge Workplace Participants...

Want to start commuting by bike? Nervous or lack confidence riding in traffic?

Then this course is for you!

Learn about the rules of the road and increase your confidence, skills and comfort level whether you're riding on multi-use pathways, residential streets or higher traffic roadways.

CAN-BIKE certified instructors from Bike to the Future and the Manitoba Cycling Association will lead you through this 4-hour course, split over two weekday evenings (6:00-8:00 pm). The Tuesday evening session will involve 2 hours of classroom instruction while the Thursday evening session will get you outside for 2 hours of on-road instruction.

Cost: \$40.00 per person

Dates/Times: 6:00-8:00 p.m., Tues, May 18 AND Thurs, May 20

Location: Sport for Life Centre (145 Pacific St.)

To register or for more details, contact:
[beth \(at\) resourceconservation.mb.ca](mailto:beth@resourceconservation.mb.ca) , 925-3772

Payment: Cheque or cash accepted. Please make cheque payable to "Resource Conservation Manitoba" and mail/drop-off (cash) to:

Beth McKechnie
Workplace Green Commuting
Resource Conservation Manitoba
303 Portage Ave, 3rd Floor
Winnipeg, MB R3B 2B4

PLEASE NOTE: Advance payment is required to secure your spot.
Class size is limited to 12 participants (with two instructors).

